



Fosters Togetherness: Holiday Homework can be fun family time! Your child doesn't have to sit in a closed room to do his homework. He can sit at the dining table to do his homework or in the verandah with the family around him. This will ensure the warmth and the much-needed family time that is so essential. Sometimes, the parents can get involved and help their child do the holiday homework and this will ensure that the bonding between family members becomes stronger. Hence, we find that Holiday homework is a great way to nurture quality family time.

Some interesting activities:-

- *Make homemade ice cream/pizza with your mother.**
- *Learn the summer constellation.**
- *Help your mom in cleaning.**
- *Go on a nature walk**
- *Watch fun summer movies.**
- *Plant something.**
- *Go for Swimming.**

Gross Motor skills – It requires control over our large muscle groups for movements that require strength and speed.

Take your child for outdoor activities like walking, jumping, and cycling. Make him/her enjoy the rides and encourage them to play outdoor games.



Emotional Development – “Conversation builds connection”.

One great way to encourage children to open up is to make a habit of cherishing daily conversation with your child.

Build a conversation with your child about:-

- 1. The importance of keeping our surroundings clean.**
- 2. Being sensitive towards animals. Also, encourage them to keep a bowl of water outside the house for birds.**
- 3. The habit of taking care of his/her belongings.**
- 4. Encourage your child to use magic words like “THANK YOU”, “PLEASE”, “EXCUSE ME” AND “SORRY”.**

CREATE AND LEARN

- 1. HAND PRINT ACTIVITY- Create an animal of your choice with acrylic paints on an A4 size sheet. Please refer to the picture given.**



2. YOGA/EXERCISE

Engaging in regular physical activity is especially important for young children, as it helps build strength and develop healthy bodies, and can even enhance academic performance. Encourage your child to get up early in the morning and to go outside and do some stretching and breathing exercises.

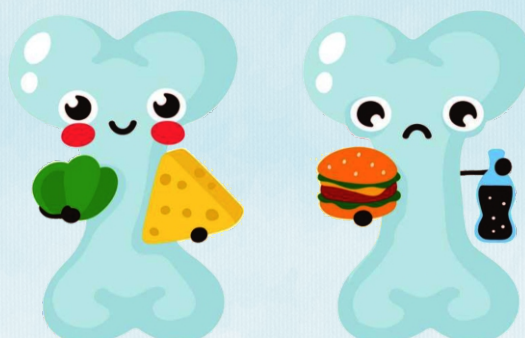
Practice these poses daily under the supervision of your parent:



3. STRONG AND HEALTHY ARE MY BONES

The importance of healthy bones should be discussed with the children by referring them to having healthy food.

Children should understand the importance of healthy and strong bones. Make a HAAPY BONE and SAD BONE with pictures of healthy food and junk food.



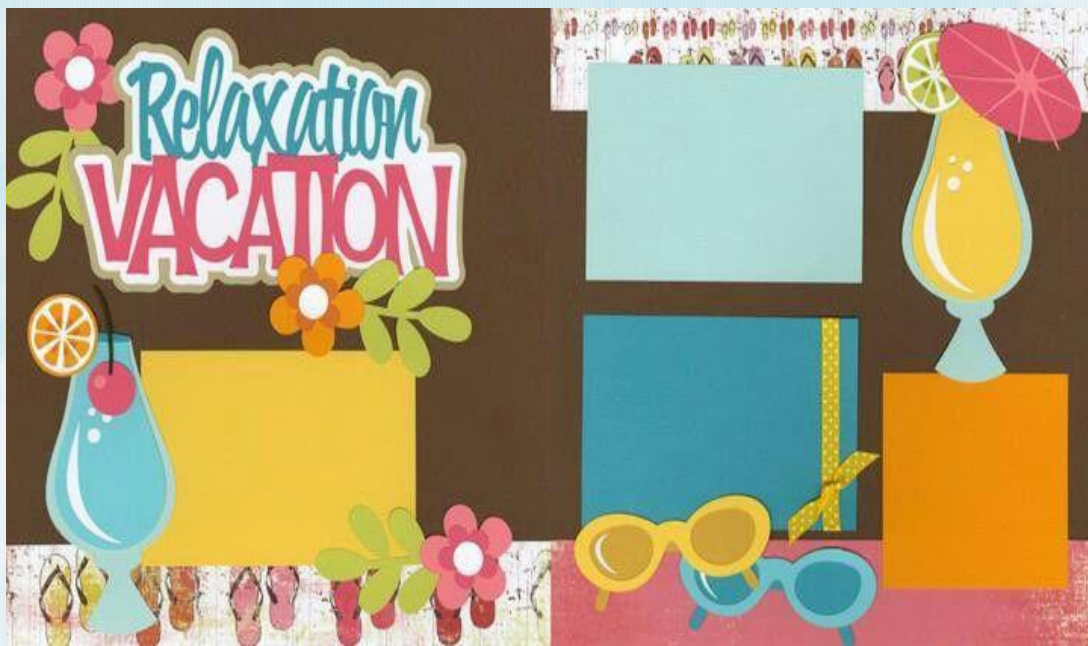
4. SCRAPBOOK

Encourage your child to preserve memories. It is also a great way to be able to test their creativity because each scrapbook is unique.

MATERIALS REQUIRED:-

- Coloured paper - Glue - Scissors - Markers - Stickers - Cherry pick your photos Please refer to the link below for steps:

<https://www.youtube.com/watch?v=GWmzcyNwvxY>



5. COMPLETE THE FOLLOWING WORK IN ART SCHOOL FILE

1. Activity 3 – Lace into the shapes.
2. Activity 10 - Cotton Candy Scribble
3. Activity 30 – Wheels go round

6. Trace and practice letters L, T & I and shapes circle, square, triangle & rectangle on fun mat.

“SUMMER VACATION”

**WHERE FUN KNOW NO LIMITS
AND MEMORIES ARE MADE!**



**HAPPY
SUMMER
HOLIDAYS!**