

Summer Vacation is a time full of fun and frolic, going for picnics, playing for long hours, exploring new places and much more.

But dear children, there is a lot more to do to make your vacation more interesting and meaningful. We have planned some interesting activities for you. So, get ready to enjoy your summer vacation!

Let the vacation time be a doorway to creativity, learning growth and joy!

Relax, enjoy, have loads of fun and come back refreshed.



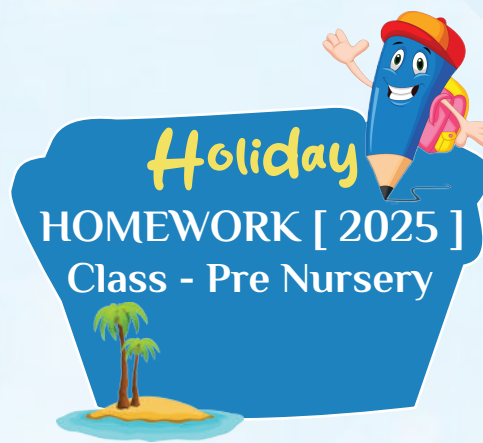
**HOLIDAY HOMEWORK 2025**  
**LET'S BEAT THE HEAT,  
WHEN SUMMER IS AT ITS PEAK!!!!**

**HEALTHY HABITS FOR SMART KIDS:**

- GET UP EARLY IN THE MORNING.
- THEY MUST WASH HANDS, BEFORE EATING, AFTER PLAYING, AFTER SNEEZING OR COUGHING AND AFTER USING THE RESTROOM.
- DRINK LOTS OF WATER AND OTHER FLUIDS LIKE, NIMBU PAANI AND COCONUT WATER.
- INCORPORATE MORE FRUITS AND VEGETABLES IN THEIR DIET.
- DON'T WATCH TV FOR LONG HOURS.
- GIVE KIDS AGE - APPROPRIATE TASKS TO HELP OUT IN THE KITCHEN.
- ALWAYS USE THESE GOLDEN WORDS - THANK YOU, SORRY, EXCUSE ME.
- KEEP A DAY AS 'SHARING DAY' AND ENCOURAGE YOUR CHILD TO SHARE SOMETHING WITH THOSE WHO ARE IN NEED, LET THEM DECIDE WHOM THEY WANT TO HELP.
- RESPECT YOUR ELDERS AND GUESTS.

**THIS ACTIVITY IMPROVES THEIR PERSONALITY AND CULTIVATES/NURTURES THE HABIT OF SHARING AND HELPING OTHERS.**





ENGAGE YOUR CHILD IN THE FOLLOWING FINE MOTOR ACTIVITIES:

- ZIPPING AND UNZIPPING.
- BUCKLING AND UNBUCKLING.
- PICKING UP AND HOLDING ONTO SMALL OBJECTS.
- TURNING PAGES OF A BOOK.
- COLOURING THE BORDER AND MAKING THE WORKSHEET COLOURFUL

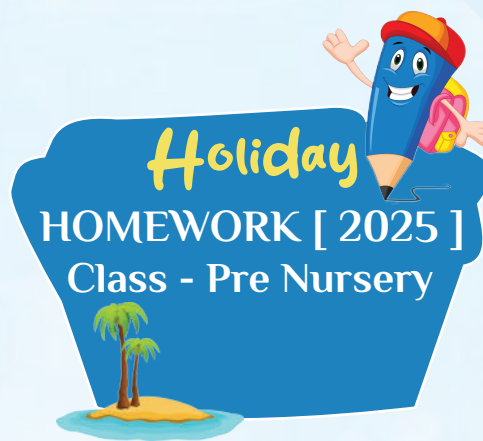


SKILLS TO LEARN:

1. ARRANGE, REARRANGE (FINE MOTOR SKILL) - GATHER ALL THEIR TOYS OR BOOKS AND STATIONERY AND PUT THEM IN THE CENTRE OF THE ROOM. THEN, ASK THEM TO THINK OF THE BEST WAYS TO ORGANIZE THEIR THINGS. ADVISE THEM ON WHAT IS FEASIBLE AND NOT FEASIBLE AND LET THEM GO AHEAD WITH THEIR PLANS. THIS TASK WILL HELP IMPROVE YOUR CHILD'S FLEXIBILITY AND ORGANIZING SKILLS.
2. HOME ALONE - GIVE YOUR CHILD THE RESPONSIBILITY OF DOING BASIC HOUSE CHORES FOR ONE DAY WHILE IMAGINING THAT THEY ARE HOME ALONE, (LIKE THE MOVIE HOME ALONE) SO THEY HAVE TO DO THE CHORES WITHOUT ANY HELP. ASK THEM TO DO THEIR OWN LAUNDRY, WATER THE PLANTS, FEED THE FISH, COOK SIMPLE MEALS, HELPING IN MAKING GROCERY LISTS AND PLAN THEIR SCHEDULE FOR THE NEXT DAY. THIS ACTIVITY WILL TEACH THEM TO BE INDEPENDENT AND BOOST THEIR CONFIDENCE LEVELS.
3. SOCIAL SKILLS - THESE SKILLS ARE CRUCIAL FOR YOUR CHILD TO BE ABLE TO WORK WITH A TEAM OR BUILD RELATIONSHIPS OVER THE YEARS. EVEN WHEN THE COMMUNICATION IS VIRTUAL, THE PEOPLE INVOLVED ARE REAL. INVITE THEIR FRIENDS FOR SLEEPOVERS AND PARTIES AS YOU GUIDE THEM AND THEIR FRIENDS TO TRY OUT THESE GAMES.







4. **Cooperative Play** - This activity requires each child to be cooperative. Whether it's creating a picture storyboard or dolling up and enacting a play, your child and their friends will need to cooperate with each other to complete these activities.



### CREATIVE AND LEARNING ACTIVITY

1. **LEAF PRINTING** - Begin by collecting a variety of leaves from your surroundings. Make your child place the leaf, vein side up, under a sheet of paper, and gently rub a crayon or marker over it to reveal intricate patterns. Alternatively, they can dip the leaves in paint and press onto paper for vibrant and nature inspired artwork. It's a simple yet delightful way for the little ones to explore and create unique prints, making early childhood education a fun and interactive experience. (You may refer the picture below).

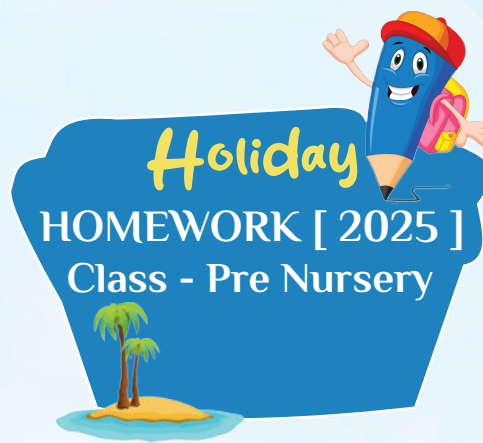


**FAMILY TREE** - Make a family tree and paste pictures of your family members.

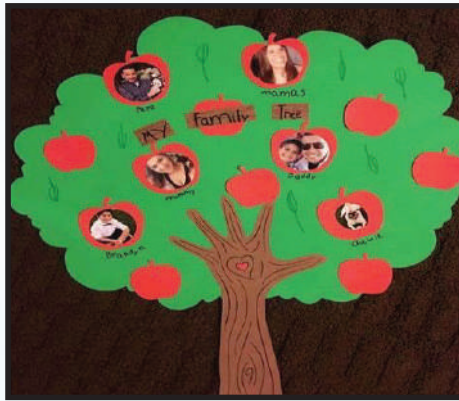
**How to make a Family Tree :**

1. Draw or trace the shape of a tree on paper.





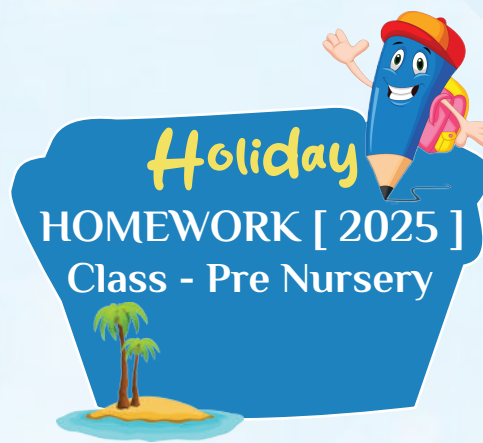
2. Cut out the tree shape and glue it to the paper.
3. Glue the apple cut-outs to the tree.
4. Optionally, you can use a coloured pen/pencil to draw a large tree with branches on chart paper, and let your child make leaves by pressing a colour-dipped, heart-shaped stamp close to the branches. (You may refer the picture below).



### STRONG AND HEALTHY ARE MY EYES

A child's vision is a crucial part of their early growth, shaping how they explore, learn, and engage with the world around them. From recognizing faces as an infant to identifying colours, letters, and shapes in preschool, these foundational years are critical for developing healthy eyesight.





This holiday, encourage your child to take care of their eyes by including these tips:

1. Healthy diet
2. Drink plenty of water
3. Get good sleep
4. Limit screen time
5. Do lot of outdoor activities
6. No eye rubbing
7. Use safe toys
8. Regular eye check ups

Create a craft of “strong” eye and “weak eye” (with glasses) on a chart paper. Include all the nutritious food and activities that is required for a strong and healthy eye.

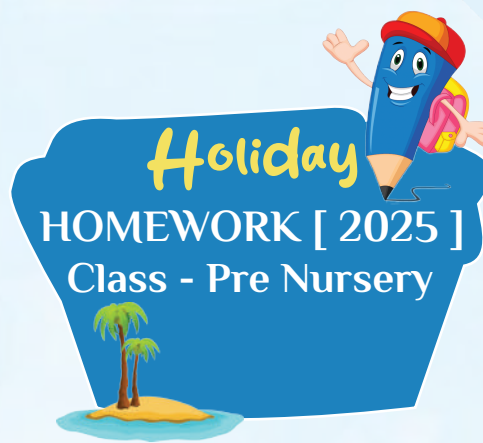


Complete the following work in ART SCHOOL File:

1. Activity 3 - Lace into the shapes.
2. Activity 10 - Cotton Candy Scribble
3. Activity 12 - I am a little fish
4. Activity 30 - Wheels go round







Worksheet tasks:

1. Freehand Scribbling and Restricted scribbling.
2. Trace the broken lines.
3. Trace standing and sleeping lines.

Trace and practice the following:

**ENGLISH -**

Letters L, T & I

Standing and sleeping line

**MATHS -**

shapes circle, square, triangle & rectangle.

Number 1 & 2.

Pre number concepts - Big & small, Same & different, Tall & short and Heavy & light.

**VS -**

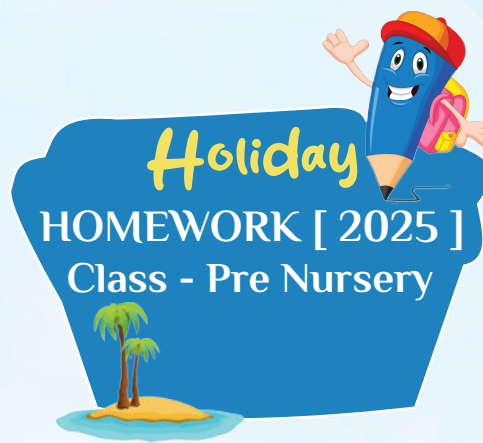
Learn about myself

My Family

Me and my body

Learn about Germs





Learn the following Rhymes:

1. Alphabet song - <https://youtu.be/kpg6QC7uLjw?si=C4vmLHGIJx1bklh3>
2. Fruit rhyme - <https://youtu.be/mfRzdbQ7jzE?si=QHbppxK5lbtVzlpU>
3. The Shapes song - <https://youtu.be/VdzzC20zQC8?si=jEC-eSkDhsiD8kNc>
4. Vegetable Song - <https://youtu.be/RE5tvavzVak?si=lTKRU7Hk4LjsKsy3>

